

Write a love letter to your gut bacteria

There are a lot of microbes that live on and in our bodies! Some of the best known are in our guts, where they help to digest food.

What would you say to them?


Do you have questions?

Things you'd like to tell them?

Compliments and sweet nothings?

Bonus points: Now write back from the bacteria's point of view...

Share your writing with us at the Microbe Disco! You can let us know when you arrive, or if you're keen sign up for a limited number of pre-booked slots, you can email linden.k.mcmahon@gmail.com There will be prizes for the best pieces!



Bacteria are passed on from generation to generation of humans through birth and breast feeding



The microbes in our gut outnumber our human cells ten to one



Gut bacteria are linked to the chemicals in our brains and help regulate emotions.



Your gut bacteria are part of your immune system, protecting you against infection